

5K event is also out-and-back on the same roads (Only significant hill is at mile 2)

LODGING:

Clarion River Lodge: www.clarionriverlodge.com

Gateway Lodge: www.gatewaylodge.com

Cook Riverside Cabins: www.cookriverside.com

SOUVENIR: long sleeved t-shirt guaranteed to all pre registered runners. *Limited quantity on race day.*

RESULTS: posted on the Runner's High website: www.runhigh.com, and www.cookforest.com

AWARDS: Unique local pottery provided to the Male and Female Winner of the Half-Marathon. Age group winners of the half-marathon will also receive pottery. Top Male and Female of the Half-Marathon will receive a one night stay at Clarion River Lodge or the Gateway Lodge. Top Male and

Female Masters Finisher will receive a one night stay at Cook River Side Cabins.

HM AGE GROUPS Top 3 Male and Female overall finishers. No duplication

Top 3 in each age group: 13 and under, 14-19, 20-24, 25-29, 30-34, 35-39, 40-44, 45-49, 50-54, 55-59, 60-69, 70+

5K AWARDS: Top male and female overall finishers.

At least the first two places in each age group

13 and under, 14-19, 20-24, 25-29, 30-34, 35-39, 40-44, 45-49, 50-54, 55-59, 60-69, 70+

GENERAL: Event is organized and managed by **Clarion University Cross Country/Track & Field Team & Timing with Champion Chip by Runner's High**

4 water stations on the course each mile is marked No shower facilities, come dressed to run. No bicycles permitted on the course and no pets permitted on the course.